



**Northumbria
University**
NEWCASTLE

**Children & Young People's
Mental Health & Wellbeing**

Working across agencies: Addressing Adverse Childhood Experiences

Dr Emily Henderson

Associate Professor & Academic Lead

Children and Young People's Mental Health & Wellbeing

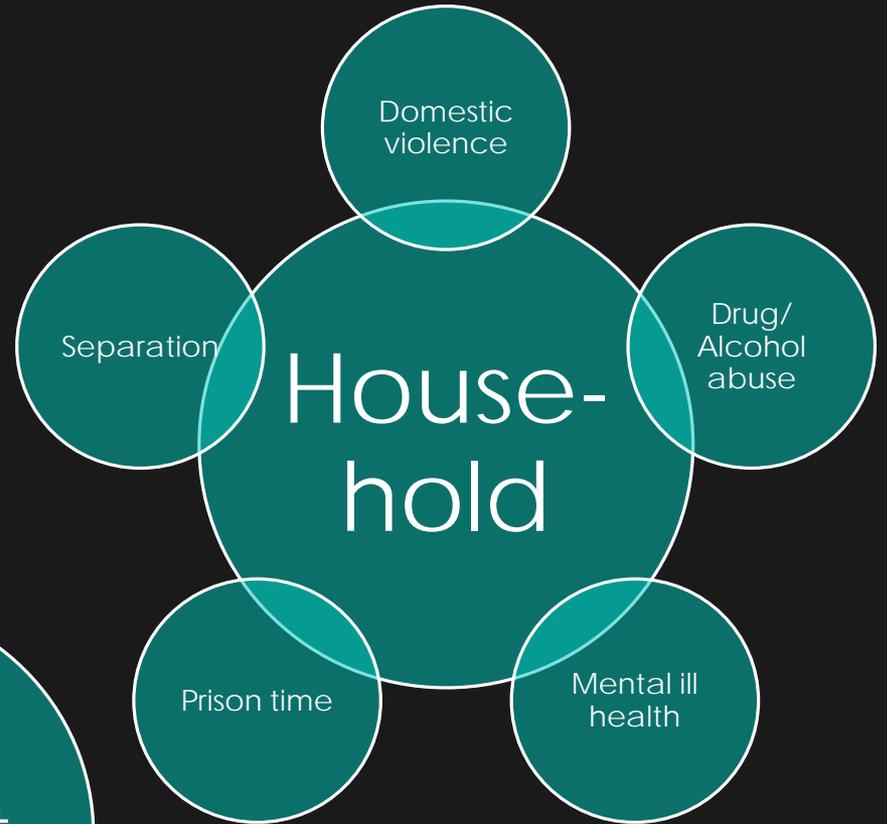
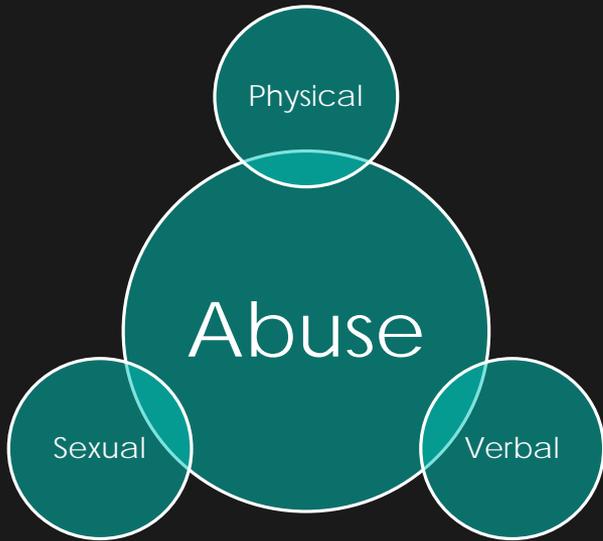
emily6.henderson@northumbria.ac.uk

Aims of this talk

- Highlight the strategic opportunity of the ICS
- Consider the potential of the MH ICS working across the lifecourse
- An example of work underway

○ *Adverse Childhood Experiences (ACEs) are stressful or traumatic experiences that can have a huge impact on children and young people **throughout their lives.***

○ <https://www.gov.scot/publications/adverse-childhood-experiences/#what-are-aces>



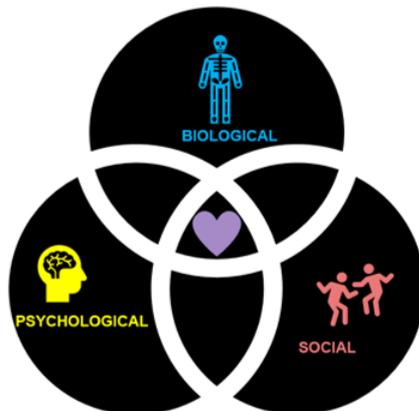
Wales study:

- • 4x more likely to be a **high-risk drinker**
- • 16x more likely to have **used crack cocaine or heroin**
- • 6x increased risk of **never or rarely feeling optimistic**
- • 3x increased risk of **heart disease, respiratory disease and type 2 diabetes**
- • 15x more likely to have **committed violence**
- • 14x more likely to have been **victim of violence** in the last 12 months
- • 20x more likely to have been in **prison** at any point in their life

Scottish Government

1. Inter-generational support for families and children
2. Wellbeing interventions
3. Trauma-informed workforce and services
4. Increasing awareness





NHS
Northern England
Clinical Networks



Public Health
England

CONFERENCE PROGRAMME

From fragmentation towards integration:
*Using evidence to improve the lives
of children, young people and families*

09.30-15.30, 12 September 2019
The Durham Centre, Belmont, Durham, DH1 1TN

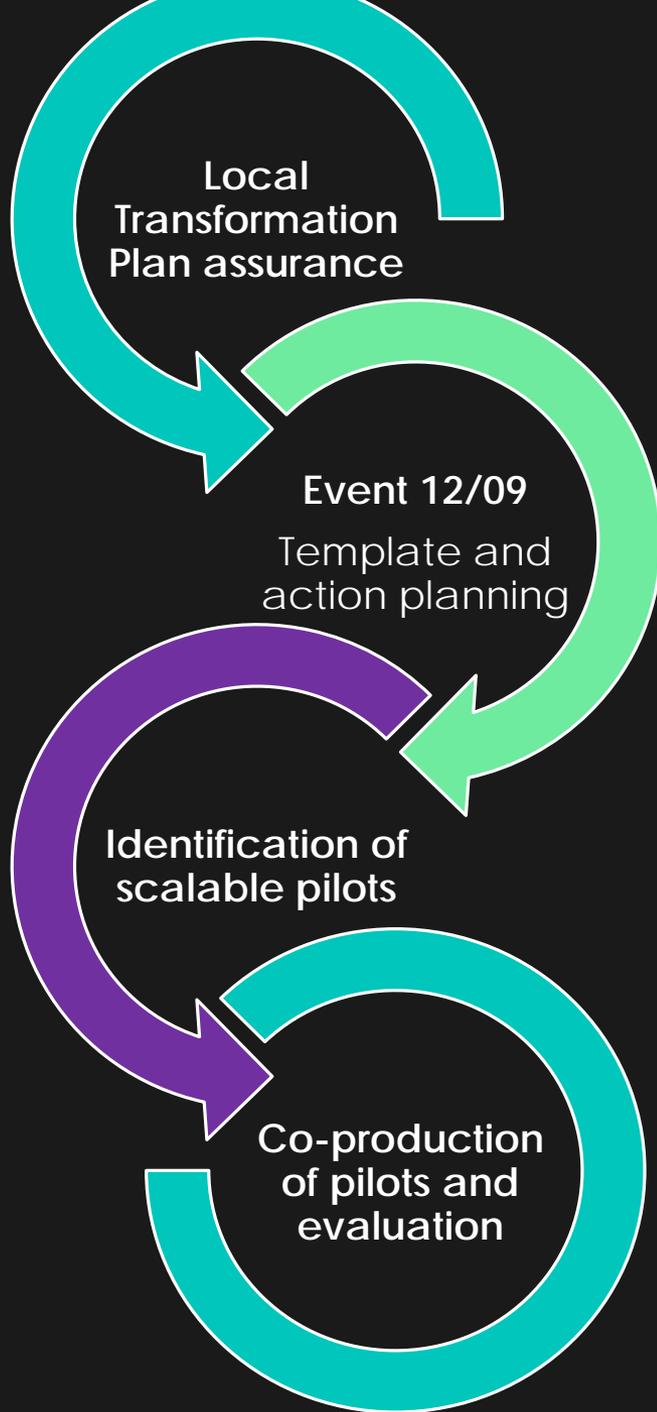
Join our Journey

North East and North Cumbria

NHS
Northern England
Clinical Networks

“Bouncing back”: Building resilience in families, schools and services to improve mental health and wellbeing in our communities

Dr Emily Henderson, Dr Ruth Andrews, Richenda Broad, Dr Lynne Howey



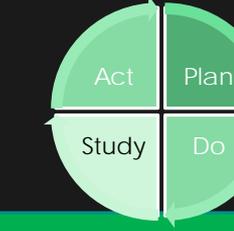
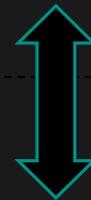
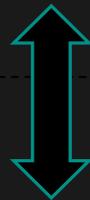
Using
evidence
&
intelligence

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Evaluation of pilots

Locality 1

Pilot 1



Pilot 2

Locality 2

Comparing outcomes across locality



NHS

Northern England
Clinical Networks